

Community Development Halton
3350 South Service Road
Burlington ON L7N 3M6
Phone 905-632-1975, 1-855-395-8807
Email: office@cdhalton.ca
Web: www.cdhalton.ca
www.volunteerhalton.ca



**Halton Age-Friendly Network to
host an Empowering Seniors Event:**

Age-Well – It's Up to You!

Burlington, May 12, 2017

The Halton Age-Friendly Network is pleased to invite the community to attend an empowering seniors' education session, entitled: ***Age-Well – It's Up to You!***

The guest speaker is Dr. John Puxy, Geriatrician, Associate Professor and Chair of the Division of Geriatric Medicine at Queen's University. Dr. Puxy has a primary interest in promoting healthy aging and effective care for seniors with a research interest in aging, chronic disease, knowledge mobilization and information technology.

Date: June 1, 2017

Time: 9:30 a.m. to 11:30 a.m.

Location: Queen Elizabeth Park Community and Cultural Centre (Rehearsal Hall)
2302 Bridge Road, Oakville, ON L6L 3L5

Registration is required:

Online registration at: empoweringseniors10617.eventbrite.ca

Or by phone: 1-855-395-8807 ext. 3

Funding provided by the Ontario Trillium Foundation.

For more information contact:

Heather Thompson, Manager Age-Friendly Initiatives: 1-855-395-8807 ext. 3

For Immediate Release
May 12, 2017
