

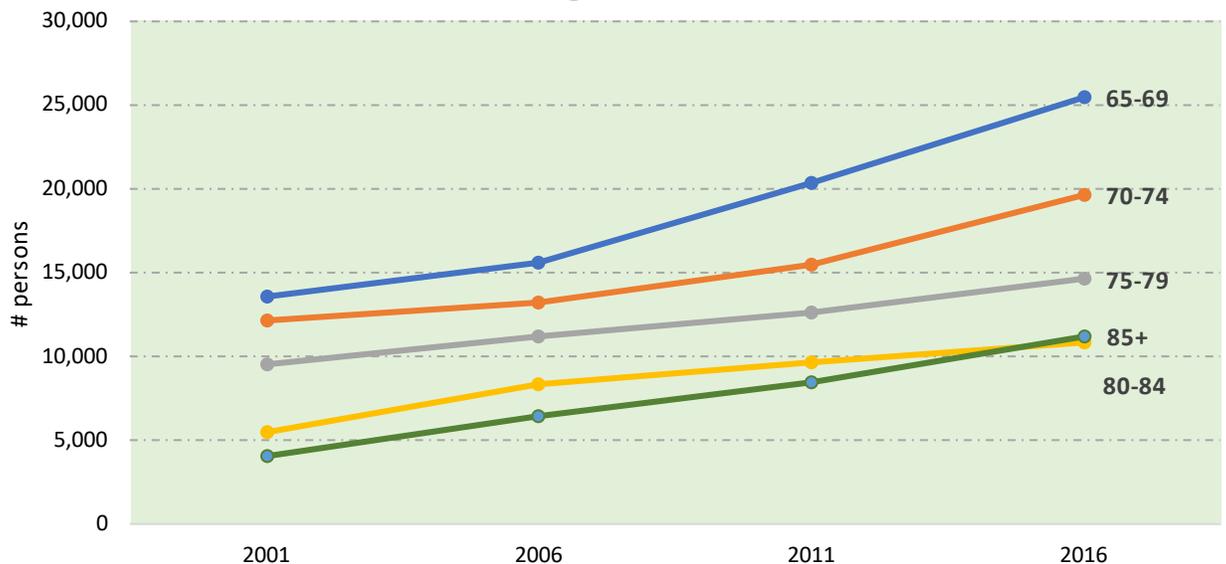
Young and Old Seniors in Halton

As discussed in Community Lens #122, there are over 82,000 seniors living in Halton Region, which represents a 83% increase since the turn of the century (2001). This Lens takes a closer look at the different age cohorts of the senior population.

Among seniors, the 85 years and over age cohort grew the fastest. It has increased by 177% since 2001 and accounts for 14% of the senior population in 2016 compared to 9% in 2001. The young seniors (aged 65 and 69) represent the largest age group at 31%, with a growth rate of 87%. They are also the first wave of baby boomers¹ entering retirement.

In 2016, over three-quarters (77%) of seniors reside in Burlington and Oakville, while less than 10% live in Milton. The age distribution of seniors shows some variation among the municipalities in Halton. Milton has the highest percentage (39.5%) of young seniors compared to 28.9% in Burlington. On the other hand, 15.4% of Burlington's seniors are 85 years and over compared to 9.6% for Milton. There are 105 centenarians in Halton and half of them are in Burlington.

**Senior population by age groups
Halton Region, 2001-2016**



Source: Statistics Canada, 2001-2016 Censuses

Community Lens is prepared by Community Development Halton to disseminate and interpret important community data as it becomes available. For more information please contact us at data@cdhalton.ca or 905-632-1975

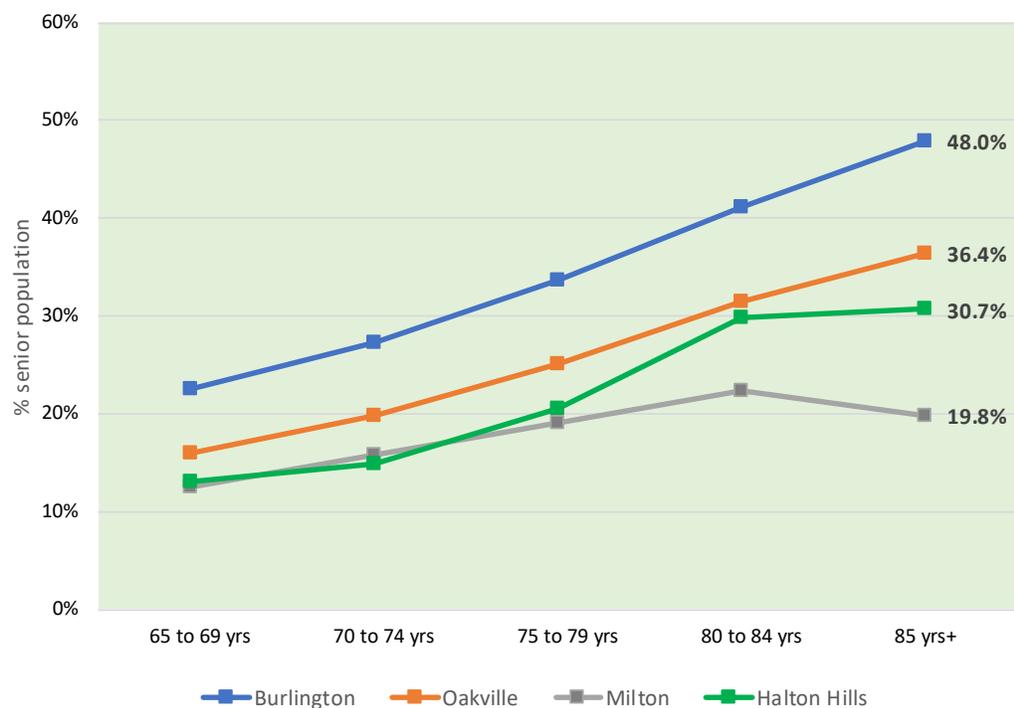
¹ Baby boomers are those born between 1946 and 1964

Many of the young seniors (aged 65 to 69) are still in the workforce. According to Statistics Canada's Labour Force Survey², the employment rate³ for young seniors in Ontario rose from 12.7% in 2001 to 27.4% in 2016. Over one in four young seniors is still working. Young male seniors (32.7%) are more likely in the workforce than their female counterparts (22.5%). There are many reasons for young seniors to continue to work. Many want to work to remain active and be connected. On the other hand, many have to work for financial reasons.

Seniors also have a preference in their living quarters. In general, there are more seniors living in single/semi-detached and row houses than in apartments. However, the likelihood of seniors living in an apartment increases as they age. Most seniors choose this type of dwelling⁴ because they are on one floor and require less upkeep than a single house. While there are houses that also have one floor such as bungalows, that information is not available from the census data.

In Burlington, almost half (48%) of seniors aged 85 years and over live in apartments. That percentage drops down to less than 20% in Milton reflecting the availability of this type of dwelling in the municipality. Only 8.5% of the dwelling units in Milton are apartments compared to the Halton average of 17%.

Proportion of seniors living in apartments by age groups, Halton Region, 2016



Source: Statistics Canada, 2016 Census of Population

2 Statistics Canada, CANSIM table 282-0001

3 The employment rate for a particular group (age, sex and marital status) is the number employed in that group expressed as a percentage of the population for that group.

4 (private) dwelling refers to a separate set of living quarters with a private entrance either from outside the building or from a common hall, lobby, vestibule or stairway inside the building. The entrance to the dwelling must be one that can be used without passing through the living quarters of some other person or group of persons.

United Way Funded Agency



Community Development Halton would like to acknowledge the ongoing financial support of the Regional Municipality of Halton.



Community Development Halton
3350 South Service Road
Burlington, ON L7N 3M6
905-632-1975

www.cdhalton.ca