

## Getting to Know the Ontario Caregiver Organization

**Friday**  
**October 1, 2021**  
**(National Seniors Day)**  
**1:00 pm - 2:30 pm**

Free Event  Online via Zoom



### Guest Speaker:

**KATIE MUIRHEAD**

Regional Lead  
The Ontario Caregiver Organization

### What you will learn:

- Who are caregivers and what do they do in Ontario?
- What is the Ontario Caregiver Organization?
- What resources and supports are available for caregivers to feel supported in their role?

### Questions?

Call 1 (855) 395-8807 ext 3  
or email [age-friendly@cdhalton.ca](mailto:age-friendly@cdhalton.ca)

### Registration:

[cdhalton.ca/events](https://cdhalton.ca/events)

Register until **Wednesday, September 29.**



Zoom event link will be sent to the email address provided in the registration, one day before the workshop.